

Orchard Home Learning for Half term

Hasn't this year gone by so quick. We can't believe we are fast approaching our last half term in nursery.

We will be holding a mini Olympics in nursery as a sponsored event. So over half term we thought it would be a good idea for our mini Olympians to do some training to help prepare them for the event.



In your garden, in your house or at the park, can you move in different ways from one side of the area and back to the starting point.

walk





skip



nop

Commando crawl, crawl with your body and bottom on the floor

Jump with both feet off the ground

Crawl on all fours



How else could you move?

- Can you do 10 star jumps
- Can you do 10 step ups and then 10 step down
- Can you throw a ball to someone
- Can you throw a ball at a target
- Can you catch a ball



Can you listen and run to a specified point and back, in your garden, around your house or at the park

Take a trip to a park, what equipment is at the park?

Which one is your favourite? Can you draw it below?

